

**OHIO VALLEY UNIVERSITY**  
**STUDENT-ATHLETE HANDBOOK**  
2011-2012

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# **Department of Intercollegiate Athletics**

## **Mission Statement**

At Ohio Valley University, we seek to transform lives in a Christ-centered academic community that integrates higher learning biblical faith and service to God and humanity.

## **Philosophy**

The Ohio Valley University intercollegiate athletic program provides the opportunity for each student-athlete to develop self-discipline through the setting and achievement of goals based on Christian principles.

## **Objectives**

The Ohio Valley University intercollegiate athletic program is dedicated to:

- Providing equal opportunity for intercollegiate participation for both male and female student-athletes without regard to race or religion.
- Encouraging the academic progress of each student-athlete.
- Appropriately representing OVU by maintaining sportsmanship and by displaying Christian character in competition.
- Holding student-athletes to a standard of personal behavior that is equal to or greater than those standards required by the University's Code of Conduct.
- Complying with the policies of the National Collegiate Athletic Association (NCAA) and the West Virginia Intercollegiate Athletic Association (WVIAC).
- Providing equal access to financial assistance for qualified student-athletes.
- Ensuring the physical, emotional, and spiritual welfare of each student-athlete.
- Fostering holistic growth through varied co-curricular activities.

# Student-Athlete Code of Conduct

## Introduction

The Ohio Valley University Student-Athlete Code of Conduct establishes a standard of personal behavior expected of all student-athletes. Those who violate the Code of Conduct may be suspended from intercollegiate athletic participation for a specified period of time. Student-athletes who have been suspended cannot continue to receive athletically related financial assistance.

## University Regulations

Student-athletes are students first and foremost, which means that all University policies governing personal behavior apply to students and student-athletes alike. Generally speaking, Ohio Valley University expects all students to avoid the use of alcohol, illegal drugs and tobacco. The University's mission of *transforming lives* requires students to avoid sexual immorality and to maintain trustworthy relationships with their instructors, dormitory supervisors, coaches and fellow students. For more information about Ohio Valley University Student Life Policies, please visit: [www.ovu.edu/site.cfm/Current-Students-Home-/University-Regulations.cfm](http://www.ovu.edu/site.cfm/Current-Students-Home-/University-Regulations.cfm).

### *Controlled Substances:*

The use, sale or possession of controlled substances (view NCAA banned drug list in appendix) and drug paraphernalia is strictly prohibited both on and off campus. Violations of this policy will result in severe sanctions under current student life policy at Ohio Valley University and could result in the immediate suspension of athletic eligibility.

**All student-athletes will undergo an annual drug screening conducted by the Department of Intercollegiate Athletics.** Additionally, coaches and athletic administrators, as well as institutional student life officers, may require a student-athlete to take a drug test at any time during the school year. Here are some frequently asked questions regarding this policy:

*What if I refuse to take a required drug test?*

As is indicated in the University's student life policy statement, a refusal to take a required test will be considered an indication that the student-athlete has been using a controlled substance. *What if I disagree with the results of a drug test?*

Should you contest the results of any drug screening, you will be given the option of taking a blood test at your expense.

*Am I immediately ineligible to participate if I test positive?*

That will depend on the circumstances in each case. You may be required to re-test after a certain period of time has passed. You will remain eligible to participate during the interim period. If a re-test is not an option in your case, or if you test positive as a result of a re-test, you will be immediately dismissed from your intercollegiate program and your athletic scholarship will be suspended.

*What if the results of my drug screening are inconclusive?* To be cleared to play you must pass a drug test. If your initial screening is inconclusive, you will be required to retest immediately. If your specimen continues to produce inconclusive results, you will be required to submit to a blood test.

*Are there other non-controlled substances that could affect my eligibility?*

Yes there are. In fact, there are a variety of what have come to be called “party drugs” that OVU student-athletes must avoid. Even the abuse of certain prescription drugs could be called into question. If you have any questions about these substances, you should speak personally with your coach or with a student life officer.

### **Alcohol:**

Ohio Valley University students are not allowed to bring alcohol on campus. Furthermore, OVU students should avoid private parties, dance clubs or night clubs at which the sale or consumption of alcohol is a primary part of the environment. Student-athletes will not be allowed to continue to participate in athletics at OVU if they violate any of the following alcohol related prohibitions:

1. Bringing alcohol to campus and/or consuming alcohol on campus
2. Public intoxication on or off campus during periods of enrollment
3. Purchasing or providing alcohol for minors

### **Stealing:**

Student-athletes who steal the personal property of others, either within the university family or in the community, will be suspended from their respective intercollegiate programs.

### **Additional Behavioral Issues:**

The mission of Ohio Valley University is *to transform lives in a Christ-centered academic community that integrates higher learning, Biblical faith, and service to God and humanity.* OVU student-athletes are expected to conduct themselves in such a way as to support this broad-based mission. In so doing, our student-athletes will:

- Avoid the use of bad language at all times
- Maintain the utmost respect for their coaches and teammates
- Attend daily chapel as required
- Not use tobacco on campus or at athletic events or practices
- Avoid even the slightest indication of sexual misconduct

- Attend class and adhere to the university's academic honesty policies
- Cooperate fully with campus housing supervisors and resident assistants

While initial violations of these policies may result in no more than a warning, it must be understood that subsequent violations could result in suspension and a discontinuation of a student-athlete's grant-in-aid.

## **Disciplinary Procedures**

If a student-athlete violates a University Regulation; he/she will meet with the Dean of Students (or other appropriate members of the Student Life team) to discuss the violation and the University's disciplinary response.

In certain instances, the student-athlete's coach and the Athletic Director may participate in the discussion related to violations and the appropriate disciplinary response. The student-athlete may be suspended from participation (practice or contests) or denied access to Athletic Department services while the alleged violation is under investigation.

Additionally, and without regard to discipline handed down as a result of a Student Life Code of Conduct investigation, student-athletes who have violated a student discipline policy may be suspended from intercollegiate athletic participation for a specified period of time by an athletic program's Head Coach or the Athletic Director.

For more information regarding the University's discipline and appeal procedures, visit [www.ovu.edu/site.cfm/discipline.cfm](http://www.ovu.edu/site.cfm/discipline.cfm).

## **Athletic Regulations**

In addition to University Regulations, a student-athlete's participation in the University's intercollegiate athletics program is governed by policies and procedures required by the National Collegiate Athletic Association (NCAA), the West Virginia Intercollegiate Athletic Conference (WVIAC), the University's Athletic Department, and individual team rules.

Activities prohibited by the NCAA include:

- Providing information on intercollegiate athletics to individuals involved in organized gambling activities;
- Soliciting a bet on intercollegiate athletics or accepting a bet on any team representing the University, or participating in any gambling activity that involves intercollegiate athletics through a bookmaker, a parlay card, or any other method employed by organized gambling;
- Signing with a sports agent prior to completing athletic eligibility;
- Selling complimentary tickets; and
- Using any tobacco product during practices, contests, or in any athletic facility.

Additionally, the Athletic Department endorses the NCAA principles of fair play and sportsmanship, and expects all student-athletes to compete with honesty and sportsmanship at all times.

If a student-athlete violates an Athletic Regulation, he/she may be suspended from participation (practice and/or contests) or denied access to Athletic Department services and facilities while the alleged misconduct is under investigation.

In determining proper disciplinary responses, the Athletic Director may consult with the Faculty Athletic Representative, Senior Women Administrator, team coach, and other appropriate University officials. Potential disciplinary responses in cases involving violations of Athletic Regulations include:

- A warning;
- Probation (with or without conditions);
- Restitution;
- Restricted access to Athletic Department services and facilities;
- Suspension from practice;
- Suspension from intercollegiate competition;
- Reduction or loss of scholarship; and/or
- Dismissal from a team.

If the Athletic Director determines that it is necessary to impose a disciplinary response for violation of an Athletic Regulation, he/she shall notify, in writing, the student-athlete and appropriate University officials.

A student-athlete may appeal any disciplinary response that includes suspension or dismissal. The appeal must be made in writing within 48 hours of notice of the disciplinary response. Appeals will be considered by the Compliance Committee.

The Athletic Department reserves the right to discipline student-athletes for infractions committed during periods of non-enrollment or holiday breaks, unless specified otherwise.

# OHIO VALLEY UNIVERSITY

## Athletics Code of Ethics

I, \_\_\_\_\_, agree to conduct myself according to the Ohio Valley University Intercollegiate Athletics Code of Ethics. I, respect the fact that it is an honor and a privilege to be a member of an NCAA Division II athletic team at Ohio Valley University. I also realize that if I do not live up to the ethical standards contained herein, I may forfeit the opportunity to continue as a member of my team.

Athletics is an integral part of Ohio Valley University's total educational program. All school activities, curricular and extracurricular, must be congruent with the University's mission of transforming lives in a Christ-centered academic community. It is within this context that this Code of Ethics has been formulated.

As an athlete, I understand that it is my responsibility to:

1. Follow all University, WVIAC and NCAA rules and regulations.\*
2. Abide by the social networking guidelines as stated in the Student-Athlete Handbook.
3. Know that I am a student first and an athlete second.
4. Be a good example in school, at home and during athletic competition so that others will respect my University and my team.
5. Be punctual as required by my instructors, coaches and dorm supervisor.
6. Show respect for teammates, opponents, coaches and officials.
7. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
8. Create, promote and maintain good morals and attitudes.
9. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
10. Adhere to the established rules and standards of the game to be played.
11. Be responsible for all athletic equipment and uniforms entrusted to me and return such to the school promptly and in the best possible condition.
12. Avoid the use of alcohol, tobacco, illegal and non-prescription drugs, anabolic steroids or any substances intended to increase physical development or performance not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
13. Put the team's success ahead of my individual glory.
14. Win with character, lose with dignity.

I have read, understand and agree to abide by this code of ethics governing my participation in the Ohio Valley University athletic program. I realize that if I fail to conduct myself according to these standards, I may forfeit the privilege of being a member of my Fighting Scots/Lady Scots athletic team.

\* University rules and regulations can be found at the following link: <http://www.ovu.edu/site.cfm/Current-Students-Home-/University-Regulations.cfm> and NCAA rules and regulations can be found at <http://www.ncaa.org>.

Student-Athlete's Name: \_\_\_\_\_

Student-Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Social Networking Sites

The Athletic Department at Ohio Valley University recognizes that social networking sites (Facebook, MySpace, Twitter, etc. ...) are now a part of our university culture. These websites offer students many opportunities to keep connected to family, friends and other social groups not only at OVU, but around the world.

When students connect with others on-line, they typically post information, including pictures and other content, to share with those who are able to access their websites. Occasionally, students will post information that is deemed offensive and/or something that may be seen as being illegal or a violation of OVU policy. You may be required the Athletic Department to remove such posts and/or photos. The Athletic Department will investigate information brought forward to the department that might indicate some type of violation of law and/or University policy involving social networking sites.

Understanding the risks associated with on-line communication:

Almost all members of the OVU campus community have some type of on-line communication presence, which may include e-mail, home pages, blogs, instant messaging and popular social networking sites. ...) when using these on-line resources, OVU student-athletes should recognize the following as potential risks of internet-based communications:

- Information posted on-line is often permanent.
- Information posted on-line, such as obscene language or imagery, photos, etc; can be potentially viewed by anyone including stalkers, future employers, University administrators and employees, and parents.
- Remember that providing too much personal information, such as phone numbers, addresses, photos, etc.; can be harmful for you. Identity theft, on-line harassment, and stalking are examples of how posting too much information can negatively impact you.
- Do not post any information that you would not want a stalker, future employer, University administrators and employees, or your parents to see on-line.
- Do not post anything that would reflect poorly on you, your team or OVU Athletics. Remember, you are a Fighting Scot and represent more than just yourself!
- Should the Athletic Department receive information that indicates an OVU athlete has violated a state law or University policy, that athlete will be held accountable for these postings through the legal process or face University disciplinary actions.

# **Music and Crowd Control**

## **Music**

Music played publically during pre-game warm-ups, during games or at team practices must be approved by the Athletic Director.

## **Crowd Control**

All students attending athletic contests are expected to behave in accordance with the University's regulations regarding personal behavior.

Any person may be removed from the site of an intercollegiate athletic contest if the Game Management Supervisor, Coach, Athletic Director, Game Official or Police Officer judge that individual's behavior to be inappropriate.

Fan behavior that may be deemed inappropriate includes, but is not limited to:

- Violations of University policies, including, but not limited to: use or possession of alcohol or illegal drugs, fighting, or destruction of property;
- Verbal abuse of a fan, player, official, coach, or University employee; and/or
- Entering the playing field or court without authorization.

Individuals removed from the site of an intercollegiate athletic contest may not return to the site of competition until after the contest has been concluded. Such individuals may, at the discretion of the Athletic Director, be banned from future contests.

## **Student-Athlete Orientation Meeting**

**All enrolled student-athletes are required to attend an annual intercollegiate athletic orientation meeting at the beginning of the school year.** Student-athletes are encouraged to review the most recent edition of the Ohio Valley University Student-Athlete Handbook in preparation for the meeting.

The annual student-athlete orientation meeting includes presentations and discussions of the following:

- Completion and submission of various NCAA required compliance forms
- Student-athlete discipline policies
- Review of the OVU Student-Athlete Handbook
- Completion of consent forms
- Completion of student-athlete bios for the Office of the Sports Information
- Review of the OVU Sportsmanship Policy

This meeting may be attended by the following:

- Members of the University's governing board;
- Athletic department personnel;
- Student Life staff;
- Other invited University representatives; and/or
- Invited Athletic Booster representatives.

## Playing Seasons

### Fall Sports

Baseball	First permissible practice / contest date September 7 <sup>th</sup> or fourth day of classes (August 29 <sup>th</sup> )
Cross Country	First permissible practice date August 15 <sup>th</sup> 1 <sup>st</sup> permissible contest date September 1st
Golf	First permissible practice date August 15 <sup>th</sup> First permissible contest date September 1st
Lacrosse	1 <sup>st</sup> permissible practice / contest date September 7 <sup>th</sup> or fourth day of classes (August 29 <sup>th</sup> )
Soccer	First permissible practice date August 15 <sup>th</sup> 1 <sup>st</sup> permissible contest date September 1st
Softball	First permissible practice / contest date September 7 <sup>th</sup> or fourth day of classes (August 29 <sup>th</sup> )
Volleyball	First permissible practice date August 15 <sup>th</sup> 1 <sup>st</sup> permissible contest date September 1st
Wrestling	1 <sup>st</sup> permissible weight training, conditioning, etc. ... September 7 <sup>th</sup> or fourth day of classes (August 29 <sup>th</sup> ) 1 <sup>st</sup> permissible practice October 10 <sup>th</sup> 1 <sup>st</sup> permissible contest November 1st

### Winter Sports

Basketball (M/W)	Pre-season conditioning can start at the beginning of the academic year October 15 <sup>th</sup> (First day of practice / on court) Coaches cannot watch pick-up ball until October 15 <sup>th</sup> First permissible contest = November 11 <sup>th</sup>
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## Spring Sports

Baseball	First permissible practice = January 9 <sup>th</sup> or first day of classes First permissible contest = February 1 <sup>st</sup>
Golf	First permissible practice = January 9 <sup>th</sup> or first day of classes First permissible contest = February 1 <sup>st</sup>
Lacrosse	First permissible practice = January 9 <sup>th</sup> or first day of classes First permissible contest = February 1 <sup>st</sup>
Soccer	First permissible practice / contest = February 15 <sup>th</sup>
Softball	First permissible practice = January 9 <sup>th</sup> or first day of classes First permissible contest = February 1 <sup>st</sup>
Volleyball	First permissible practice / contest = February 15 <sup>th</sup>
Wrestling	First permissible practice = January 9 <sup>th</sup> or first day of classes First permissible contest = February 1 <sup>st</sup>

## **Team Practice Regulations**

During the academic school year, NCAA regulations require that student-athletes be given one calendar day off per week from athletically related activities. This means that one day per week, Sunday through Saturday, no practice activity can take place. On this required day off, coaches are prohibited from engaging in any of the following activities with student-athletes:

- Team conditioning;
- Field, floor, or on-court activity;
- Setting up offensive or defensive alignments;
- “Chalk talk”;
- Lecture or discussion on strategy;
- Activities utilizing equipment relating to the sport; and/or
- Discussions and/or review of game films or videotapes.

Travel to an away contest on a day off is permissible, as long as none of the above listed activities take place during the same day.

During the traditional playing season, student-athletes are limited to twenty (20) hours of practice and competition activity.

During the off-season, student-athletes are limited to eight (8) hours per week of required weight training, conditioning, and meetings.

If a student-athlete has any questions regarding practice or practice times, he/she should consult the Compliance Coordinator.

## **Athletic Training Services and Regulations**

A Certified Athletic Trainer is on staff and available at specified times in the Training Room located in the south campus Athletics Administration Building. Training room hours will be posted on the training room door **With the exception of emergency cases, student-athletes must sign up for an available time slot to receive treatment by the athletic trainer.**

### ***Required Screenings and Exams***

Prior to intercollegiate participation, all student-athletes must complete an annual orthopedic screening conducted by the Athletic Trainer.

Student-athletes are also required to have a complete physical by a physician on an annual basis. The physician will complete and sign the Physical Examination form included in the Ohio Valley University Athletic Department Medical and Health Insurance Information Packet mailed to student-athletes each year. Student-athletes may not participate in athletically related activities until the Physical Examination form is on file in the Office of the Athletic Director.

### ***Insurance***

To be eligible to participate in athletically related activities, student-athletes must submit evidence of adequate medical insurance coverage. Medical expenses related to athletic injuries must be covered by this primary insurer. For more information regarding this requirement, as well as the provisions of the Ohio Valley University secondary insurance coverage program, refer to p. 12 of this Handbook, or consult the OVU Athletic Department Medical and Health Insurance Packet.

To remain eligible for University services and catastrophic insurance coverage, student-athletes must strictly follow all rehabilitation requirements and medical advice provided by the athletic trainer or physician.

## Use of Athletic **Facilities, Equipment and Uniforms**

Student-athletes will abide by, and assist with the enforcement of, policies associated with the use of Ohio Valley University athletic facilities

Additionally, student-athletes will properly use and help maintain all equipment issued to them or their fellow student-athletes. All equipment and uniforms are to be returned at the completion of the playing season, unless otherwise stated by the head coach. Failure to do so may result in a hold being placed on class registrations, grades or transcripts. The cost for repairing or replacing damaged equipment, or for uniforms not returned in satisfactory condition, will be the responsibility of the student-athlete.

## Weight Room Rules

The following rules exist to ensure the maintenance of the Snyder Activity Center (SAC) Weight Room and to promote the safety of our staff and Weight Room patrons.

1. **Only Ohio Valley University students and members of the faculty and staff are allowed to use University athletic facilities and equipment.**
2. **Lift at your own risk.** If in doubt, please consult a monitor or staff member before using any piece of exercise equipment.
3. Use of training equipment in the Weight Room is limited to those who are at least 17 years old.
4. Workout towels, athletic shoes, and proper workout shorts or sweats and t-shirts are mandatory. Long jeans and long casual pants are not permitted.
5. **Wipe off equipment after use.** Moisture deteriorates vinyl covers and makes bars slippery. Towels and spray are provided.
6. Beverages are permitted only if contained in sports/water bottles or plastic containers. **Please use trash receptacle.**
7. All music and use of the television must be appropriate and in keeping with the university's mission. Volume levels must show respect for all patrons of the facilities.
8. Books and workout bags must be kept in the lockers provided in the visiting team locker rooms.
9. Return bars/weights to their proper place/rack immediately after use.
10. Weight belts are not allowed on exercise equipment where the belt buckles make contact with the upholstery.
11. Users must share equipment between sets. Limit use of cardio machines to 30 minute workouts when others are waiting.
12. A maximum of 4 users may share the same piece of equipment.
13. **Keep equipment in the weight room. Weights are property of the University.** Help us prevent theft by keeping equipment where it can be found and shared.
14. Do not drop or bang weights.
15. Avoid distracting others. Please respect others' need to concentrate.
16. No food in the weight room at any time.

Failure to follow the guidelines above may result in the following:

- Warning from staff;
- Loss of weight room privileges for remainder for a specified period of time.

## Insurance

**To participate in intercollegiate athletics at Ohio Valley University student-athletes are required to maintain primary insurance coverage.**

. When the benefits offered by a student-athlete's primary insurance company have been exhausted, a claim for remaining payments for an athletically related injury will be filed with the University's secondary insurer. In such instances the student-athlete must provide proper documentation indicating that primary benefits procedures have been followed.

Athletically related injuries, particularly those requiring medical treatment, should be reported to the Head Athletic Trainer. The trainer will complete an injury report which will be forwarded to the Payroll/Benefits Office where the secondary insurance claim will originate.

To prevent confusion and delays in payment of medical bills, please follow this procedure:

1. Present primary insurance information (card) at the time of the medical visit.
2. Be prepared to pay any "co-payment" that primary coverage requires. Because of agreements between providers and insurance carriers, you cannot be seen without paying the co-payment.
3. When the Explanation of Benefits (EOB) from the insurance company is received, send a copy of the EOB to the Payroll/Benefits Office.
4. When the bill (from the provider) is received, send a copy of the bill to the Payroll/Benefits Office.

Promptly respond to all correspondence as medical providers and insurance carriers are not allowed to communicate with Ohio Valley University personnel regarding a student-athlete's medical and financial information.

Payroll/Benefits Office:

If you have questions regarding your injury claim, you may contact Barbara Ogden at:  
304-865-6079  
Room 126  
Stotts Administrative Building

You may mail your EOB's and copies of bills to:

Attn: Barbara Ogden  
Ohio Valley University  
1 Campus View Drive  
Vienna, WV 26105

## **Drug and Alcohol Awareness and Drug Testing**

A drug and alcohol awareness program is conducted for student-athletes each fall. The program focuses on the harmful effects of using drugs and/or alcohol. All student-athletes are required to attend this program.

To be eligible to participate in athletically related activities, student-athletes must read and sign a Drug Testing Consent form that outlines NCAA testing policies and procedures.

The drug testing policy for Ohio Valley University Athletic Department can be found on page 3 and 4 of this handbook.

Before consuming any nutritional/dietary supplement product, review the product and its label with your athletics department staff. Dietary supplements are not well regulated and may cause a positive drug test result. Any product containing a dietary supplement ingredient is taken at your own risk\*

## **Grievance Procedure for Student-Athletes**

If a student-athlete's grievance is of a general nature affecting a number of other student-athletes, the concern should be brought initially to the attention of the team's representative to the Student-Athlete Advisory Committee.

If concerns involve an athletically-related financial aid award, the student-athlete should contact the Financial Aid Office.

If a student-athlete believes that he or she is a victim of gender discrimination, the issue should be discussed with his or her head coach. If the issue is not resolved after the initial meeting with a head coach, the student-athlete should schedule a meeting with the Athletic Director and Title IX Coordinator. Any resolution agreed upon at this meeting will be considered final.

If a student-athlete encounters any other specific problem or dispute as part of his/her participation in intercollegiate athletics, he/she may:

1. Discuss the issue with his/her head coach.
2. If the issue is not resolved, the student-athlete may discuss the issue with the Athletics Director.
3. If the issue is still not resolved, the student-athlete may contact the Faculty Athletic Representative, who will convene the Athletic Rules Committee to consider the complaint.

# **THE CHARTER OF THE GENDER EQUITY COMMITTEE OF OHIO VALLEY UNIVERSITY**

## **ARTICLE I: NAME**

The name of this group shall be the Gender Equity Committee of Ohio Valley University; hereafter referred to as the Gender Equity Committee.

## **ARTICLE II: PURPOSE**

The purpose of the Gender Equity Committee shall be to review the financial assistance, benefits, opportunities, and treatment offered to student-athletes at Ohio Valley University in order to ensure compliance with the spirit of the provisions of Title IX of the Education Amendments of 1972.

## **ARTICLE III: MEMBERSHIP**

Members of the Gender Equity Committee shall include members of the Ohio Valley University community who hold the following positions and/or perform the following functions:

- Title IX Coordinator
- Senior Woman Administrator
- President of the Student Athletic Advisory Committee
- Athletic Director
- Dean of Students
- Director of Financial Aid.

## **ARTICLE IV: AREAS OF RESPONSIBILITY AND REVIEW**

In order to fulfill its purpose, the Gender Equity Committee shall review various items related to athletics at Ohio Valley University on an annual basis, including:

- Use of practice facilities
- Travel opportunities and funds
- Scholarship allocations
- Opportunities offered to student-athletes
- Treatment of student-athletes
- Handling of grievances
- Training sessions offered to coaches, student-athletes, and others connected to the Athletic Department at Ohio Valley University.

## **Student-Athlete Statement Regarding Camp Employment**

Student-athletes may be employed at camps and clinics under the following NCAA regulations:

- A student-athlete must perform duties that are of a general supervisory nature and any coaching or officiating assignments shall not represent more than one-half of the student-athlete's work time.
- Compensation to student-athletes shall be commensurate with the going rate for all camp or clinic counselors.
- A student-athlete may not receive compensation if he/she only lectures or demonstrates.
- A student-athlete's compensation must be prorated if he/she does not work the entire camp or clinic.
- Compensation must be from a camp or clinic account and not from the personal account of a coach.
- Transportation may be provided to student-athletes by a coach to a camp as long as all employees are compensated for travel expenses.

Student-athletes employed by camps at their own institution must follow these additional NCAA regulations:

- Student-athletes shall not participate in organized practice activities at the camp.
- The University's Athletic Director must give approval for a student-athlete's participation.
- There are no limitations on the number of student-athletes in a particular sport who may be employed at a camp or clinic. However, a student-athlete may not participate as a camper.

I have read and understand the above NCAA regulations and will abide by all these regulations and others set forth by the NCAA regarding camps and clinics.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Camp/Clinic: \_\_\_\_\_

Coach/Employer: \_\_\_\_\_

# **Ohio Valley University Compliance Committee**

## **Purpose**

To ensure that the Athletics Department complies with NCAA regulations and bylaws

## **Members**

Must be current employees of the University, and include:

- Compliance Coordinator – Chair;
- Athletic Director;
- President;
- Dean of Students;
- Senior Woman Administrator;
- Registrar;
- Director of Financial Aid;
- Director of Admissions;
- Faculty Athletics Representative; and
- President of the Student-Athlete Advisory Committee.

## **Areas of Responsibility**

- 5 year review;
- Squad lists/Financial Aid;
- Recruiting, practice, and regulations;
- Play/practice schedules;
- Review student recruiting files/forms;
- Formal training sessions for new coaches;
- Review booster activities of alumni and supporters;
- Conducts investigations of potential violations;
- Review student-athlete appeals; and
- Review of Athletic Department day to day operations will occur monthly as specified by Compliance Committee recommendation

# **Student-Athlete Advisory Committee**

## **Mission**

The mission of the Ohio Valley University Student-Athlete Advisory Committee (SAAC) is to enhance the total student-athlete experience by promoting opportunity, protecting student-athlete welfare, and fostering a positive student-athlete image.

## **Purposes**

- To streamline and promote efficient communication between OVU administration and the student-athlete population.
- To actively encourage more involvement of the student-athletes in campus and community projects.
- To design and implement programs that will encourage academic achievement, health promotion, social responsibility and general awareness.
- To provide the student-athletes with an opportunity to more effectively communicate with the OVU athletics department and provide suggestions or programs.

## **Qualifications**

- Academically eligible student-athletes
- Meet twice per semester (fall and spring)

## **Standing Committee**

- One (1) student-athlete per varsity sport voted by the team (not necessarily a captain)
- Senior Woman Administrator (SAAC Representative)
- Faculty Athletics Representative
- Dean of Students
- Compliance Coordinator
- Athletic Director

## **Election**

- The committee will vote on a chairman and secretary for one academic year.
- Second to the last meeting (voting on new chairman, secretary, & players)
- Last meeting of the spring semester new members start
- Chairman (present topics, lead discussion)
- Secretary (take notes, present minutes)

## Department of Athletics Directory

304-865-6046 ATHLETIC DEPARTMENT  
 304-865-6045 ATHLETIC FAX  
 304-865-6000 OVU RECEPTION  
 304-865-6001 NORTH CAMPUS FAX

Athletic Director	Dennis Cox	865-6081
Senior Women Administrator	Carissa Bucklin	865-6046
Faculty Athletic Representative	Wes Harrison	865-6121
Compliance Coordinator	Dan Lyons	865-6043
Sports Information Director	Brianne Lodato	865-6047
Financial Aid Director	Dennis Cox	865-6081
Mountain River Physical Therapy	Joe Leaman	865-6778
Head Athletic Trainer	Cassy Offenberger	865-6212
Administrative Assistant	Carissa Bucklin	865-6046

Men's Baseball Coach	Bob Crawford	865-6048
Men's Basketball Coach	Mike Snell	865-6136
Men's Cross Country Coach	Rick Dobson	865-6224
Men's Golf Coach	Seth Miller	865-6186
Men's Soccer Coach	Dan Lyons	865-6043
Men's Lacrosse	Carl Anderson	865-6179
Wrestling	Pat Sole	865-6142

Women's Basketball Coach	David Wadlington	865-6267
Women's Cross Country Coach	Rick Dobson	865-6224
Women's Soccer Coach	Jack Flynn	865-6140
Women's Softball Coach	Rob Graham	865-6032
Women's Volleyball Coach	Paul Jacoby	865-6052
Women's Golf Coach	Amy Colgrove	865-6053

Nickname	Fighting Scots/ Lady Scots
Colors	Royal Blue / White / Red
President	Dr. Harold Shank
Location	Vienna, WV
Enrollment	500
Membership	NCAA Division II / WVIAC
South Campus Facilities	Snyder Activity Center (Seats 800)
North Campus Facilities	Alumni Gymnasium (Seats 500) Softball Field Soccer Field Baseball Field-City Park



## 2011-12 NCAA Banned Drugs

The NCAA bans the following classes of drugs:

- a. Stimulants
- b. Anabolic Agents
- c. Alcohol and Beta Blockers (banned for rifle only)
- d. Diuretics and Other Masking Agents
- e. Street Drugs
- f. Peptide Hormones and Analogues
- g. Anti-estrogens
- h. Beta-2 Agonists

**Note: Any substance chemically related to these classes is also banned.**

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

**Drugs and Procedures Subject to Restrictions:**

- a. Blood Doping.
- b. Local Anesthetics (under some conditions).
- c. Manipulation of Urine Samples.
- d. Beta-2 Agonists permitted only by prescription and inhalation.
- e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

**NCAA Nutritional/Dietary Supplements Warning:**

**Before consuming any nutritional/dietary supplement product, review the product with your athletics department staff!**

- Dietary supplements are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- **Any product containing a dietary supplement ingredient is taken at your own risk.**

**It is your responsibility to check with the appropriate athletics staff before using any substance.**

**Note to Student-Athletes: There is no complete list of banned substances.  
Do not rely on this list to rule out any supplement ingredient.  
Check with your athletics department staff prior to using a supplement.**

Some Examples of NCAA Banned Substances in Each Drug Class

**Stimulants:**

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, etc.

*exceptions:* phenylephrine and pseudoephedrine are not banned.

**Anabolic Agents –** (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione) boldenone; clenbuterol; DHEA (7-Keto); nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

**Alcohol and Beta Blockers (banned for rifle only):**

alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

**Diuretics (water pills) and Other Masking Agents:**

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

**Street Drugs:**

heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (eg. spice, K2, JWH-018, JWH-073)

**Peptide Hormones and Analogues:**

growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

**Anti-Estrogens :**

anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene(ATD), etc.

**Beta-2 Agonists:**

bambuterol; formoterol; salbutamol; salmeterol; etc.

**Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!**

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, 877-202-0769 or [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec) password ncaa1, ncaa2 or ncaa3.

**It is your responsibility to check with the appropriate athletics staff before using any substance.**